Kate Richards Geller, MA, MT-BC, LCAT

Vision: Making music accessible to everyone at any moment to change the mind and body so people can access their own inner resources and care for themselves and play with each other.

Values: Standing for fairness and liberation for myself and others; creating a counterculture of belonging, connection, and transformation to shift the cultural norms of othering, isolation, and self-limiting beliefs about human potential.

Urban Voices Project, Skid Row, Los Angeles, CA

Oct 2015-present

Executive Director Jan 2023-present

Lead the organization in upholding Justice, Equity, Diversity, and Inclusion at all levels of operations, continuing to shift the narrative about homelessness.

Develop the Board of Directors to continue to successfully govern and fundraise to achieve steady, sustainable growth and bring the Project to its fullest impact in the Community. Build and maintain meaningful relationships in all three sectors: Arts, Healthcare, Homelessness.

Advocate for the essential role of the Arts in changing the way people treat each other.

Managing Director Apr 2021-Dec 2022:

Work with the Board of Directors, Artistic Director and Staff at all levels to fulfill the mission of radical inclusion to uplift artistry, nurture wellbeing, and encourage individuals to become their own best advocates.

Address the outrageous Humanitarian Crisis of Homelessness through focusing on what is working via consistent engagement with the Arts in a caring community.

Implement a Strategic Plan that develops efficient operational resources to build capacity to deliver high quality impactful music programs, ensure the financial health and sustainability of the organization to provide a healthy thriving work environment, and maintain fiduciary and governance responsibilities.

Music Wellness Director Jan 2016-Apr 2021:

Support the development and operations of a new 501c3 (Oct 2018).

Co-facilitate a vocal music program with individuals who are experiencing homelessness.

Design Music Wellness curriculum.

Develop Family Sing program for families with young children in underserved communities. Support and assist Artistic Director in conducting performance ensemble.

EDUCATION/CERTIFICATION

LCAT, New York State Licensed Creative Arts Therapist since April 2006 MT-BC, Nationally Board Certified Music Therapist since October 1997 MA, Music Therapy, New York University, New York, NY, September 1997 BA, English, Holy Cross College, Worcester, MA, May 1985

SPECIALTY TRAINING

Radical Transformational Leadership, 2022 Resilience Toolkit, Lumos Transforms, 2019 Vocal River Improvisation, Rhiannon Music, 2001 Embodied Voicework, Lisa Sokolov, 1999 Vox Mundi Project, Silvia Nakkach, 1997 www.radicallytransform.org https://lumostransforms.com www.RhiannonMusic.com www.LisaSokolov.com www.VoxMundiProject.com

AFFILIATIONS

<u>Inspired Music Play</u>, Co-Founder 2020

<u>National Association of Music in Vulnerable Communities</u>, Board Secretary 2020

Arts & Homelessness International, participating member since 2018

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Prior MUSIC THERAPY EXPERIENCE

Music Therapist & Vocal Improviser: Supervise facilitators. Lead voice workshops 3/00-present

Musical Health Technologies, SingFit, Los Angeles, CA

9/16-10/19

Train ordinary people to facilitate an interactive singing activity with people living in Senior Living Communities: music changes that way people treat each other.

Columbia University, Dept of Surgery, Integrative Medicine Program, NY, NY

5/11-6/12

Teach the healing potential of breath, voice, guided imagery and songs to open-heart surgery patients and caregivers: music changes the way people understand life and each other.

Brooklyn Conservatory of Music, Brooklyn, NY

3/06 - 6/12

Play music with people of all abilities and generations: music is a way of life and love.

Service Program for Older People, NY, NY

10/02-11/10

Sing with older adults: music accesses parts of the brain that are not impacted by age, injury, or illness.

Therapeutic Learning Center/Music Therapy Project, Brooklyn, NY

12/02-6/05

Sing & play with children in a therapeutic preschool setting: 3 year olds can do more than you think.

New York City Music Therapy Relief Project, American Music Therapy Association

10/01-5/02

Sing, gather, learn, grieve: collective trauma can be supported by intentional music making.

1996 & 2002

Institute for Music and Neurological Function, Beth Abraham Hospital, Bronx, NY Research, assess, make music with patients in a neurologic setting: strengthen & grow neural pathways.

General Pediatrics & Tomorrows Children's Institute, Hackensack University Medical Center, NJ Conduct Music Therapy and childlife services sessions in the Neuroscience Institute's in-patient epilepsy monitoring unit as well as in-patient and out-patient, pediatric oncology and hematology institute as part of psychosocial team. 11/97-2/99

Armstrong Pediatric Music Therapy Program, Beth Israel Medical Center, NY, NY 9/96-9/97 Internship: Pediatric Procedural Pain Management: music can positively influence anxiety and pain.

PRIOR WORK EXPERIENCE

Administrative Assistant, Nordoff-Robbins Center for Music Therapy, NY, NY	8/95-9/97
Executive Assistant: McIntyre Associates, ECCO, Diversified, CT & NY	11/93-8/95
Office Manager, Strong Associates, Westport, CT	4/92-7/93
Creative Services Coordinator, The Purdue Frederick Company, Norwalk, CT	2/89-4/92
Conference Manager, Gartner Group, Stamford, CT	11/87-11-88
Copywriter, Chase Broadcasting, Stamford, CT (WYRS & WJAZ)	6/86-11/87
Seminar Director, Arcan Associates, Southport CT	9/85-6/86

MUSIC THERAPY PRESENTATIONS/PUBLICATIONS

Geller, K.R. (2022). Mechanisms for Vocal Revitalization through Music Therapy and Music & Medicine, Presented at Vital Voice Summit. vital-voice.org. May 16 & 17, 2022.

Geller, K.R. & Stevens, C. (2022). Online Tools for Drumming & Voice, Presented at Music Therapy Ed. https://musictherapyed.com/courses/online-tools-for-drumming-voice/ February 8, 2021.

Geller, K.R. (2020). Singing for Connection & Resilience. Presented at UCLArts & Healing HOPE Series. https://uclartsandhealing.org/services/community-services/hope-series/ Dec 12, 2020.

Geller, K.R. (2020). Voice is the Primary Instrument in Music Therapy (CMTE), Brooklyn Conservatory of Music: Brooklyn, NY. Jan 17, 2020.

Geller, K.R. (2019). Holding Space and Building Trust Through Music: Narrating the Process. Presented at Expressive Arts Therapies Summit: Los Angeles, CA, March 31, 2019.

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Geller, K.R. (2018). Freeing the Voice: A Transformative Group Process for Confidence & Connection. Presented at Expressive Arts Therapies Summit: Los Angeles, CA, April 29, 2018.

Geller, K.R. (2017). Sing for Yourself: A Daily Practice for Freedom of Expression. Presented at Expressive Arts Therapies Summit: Los Angeles, CA, March 30, 2017.

Geller, K.R. & Uhlig, S. (2006). Singing: A Personal and Professional Need. In Sylka Uhlig, *Authentic Voices - Authentic Singing, A Multicultural Approach to Vocal Music Therapy.*Barcelona Publishers, Gilsum, NH.

Geller, K.R. (2005). *Chanting: Singing Ourselves a Lullabye*. Presented at the Mid-Atlantic Regional Conference of American Music Therapy Association: 2005 Garden City, NY, 2006 Meriden CT, and 2007 Ocean City, MD.

Geller, K.R. & Uhlig, S. (2001-2005). *Singing: A Personal and Professional Need*. Presented at the Mid-Atlantic Regional Conferences of American Music Therapy Association: 2005 Garden City, NY; 2002 Saratoga Springs, NY; 2001 Williamsburg, VA. Also presented at The New School June 2005; New Directions in Music Therapy lecture series at Sound Health Studio, NYC, November 2001.

Richards Geller, K. (2002). Nurturing Ourselves and Others Through Singing. In Joanne V. Loewy & Andrea Frisch Hara (Ed.s), *Caring for the Caregiver: The Use of Music and Music Therapy in Grief and Trauma*. Silver Spring, MD: American Music Therapy Association, Inc., pp. 156-164.

Geller, K. (2002). *Soothing Body and Soul: Singing Chants and Lullabies*. Presented at Caring for the Caregiver: A 9-week Training in Music, Healing, Grief, and Trauma, May 8, 2002 at Beth Israel Medical Center, New York, NY.

Loewy, J.V., MacGregor, B., **Richards, K**., & Rodriguez, J. (1997). Music Therapy Pediatric Pain Management: Assessing and Attending to the Sounds of Hurt, Fear, and Anxiety. In Joanne V. Loewy (Ed.), *Music Therapy and Pediatric Pain*. Cherry Hill, NJ: Jeffrey Books. Also presented at the First National Music Therapy and Pediatric Pain Symposium, September 23, 1997, at Beth Israel Medical Center, New York, NY.